Third Culture Kids:

Why a Cross-Cultural Childhood Matters



Tina Quick
International Family
Transitions

TQuick@InternationalFamilyTransitions.com

OBJECTIVES

- Understand the Third Culture Kid (TCK) profile.
- Understand how the concept is changing in today's world to include cross-cultural kids.
- Understand the unique benefits and challenges of living a cross-cultural childhood.

Success and adventure in transition



Who are Third Culture Kids?

A Third Culture Kid (TCK) is a person who has spent a significant part of his or her developmental years outside the parents' culture. The TCK builds relationships to all of the cultures, while not having full ownership in any. Although elements from each culture are assimilated into the TCK's life experience, the sense of belonging is in relationship to others of similar background.



Flavors and Variety of TCK's

- Missions
- Diplomat
- Corporate International business
- Military
- Education
- NGO / non-profit / humanitarian aid

Success and adventure in transition





TCK Realities

- ❖ Cross-cultural world
- Highly mobile world
- Expected repatriation
- System identity



A World of Changing Cultures

Ted Ward, sociologist at Michigan State University stated in 1984,

"TCKs are the prototype citizens of the future."

The Future is Now!!! WHY?

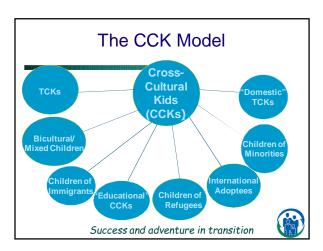
Success and adventure in transition



Cross Cultural Kids

- *Cross-Cultural Kid (CCK) -- a person who has lived in or meaningfully interacted with two or more cultural environments for a significant period of time during his or her first eighteen years of life.
- ❖Your CCKs.





Practical Skills/Benefits	
Success and adventure in transition	

Practical Skills /Benefits

- Skills / Enrichment cross-cultural, observational, social, linguistic
- Adaptable, flexible, confident
- Tolerant / accepting of diversity
- Mature
- Broad world view
- 3-D view of the world
- Bridge builders
- Foundations for being true global citizens

Success and adventure in transition



Leveraging the Gifts

- Help your students recognize their gifts.
- Help them build on the gifts and talents.
- Encourage your students to use them with intentionality.
 - How can you do these?



Global Nomads Have Unique Challenges Success and adventure in transition

Global Nomads Have Unique Challenges

- Personal and cultural identity
- Unresolved grief
- Rootlessness difficulty answering the question, "Where are you from?"
- Restlessness
- ❖ Are privileged, feel special, feel different
- Delayed issues of adolescence and rebellion
- Can only articulate their experiences with others like them.

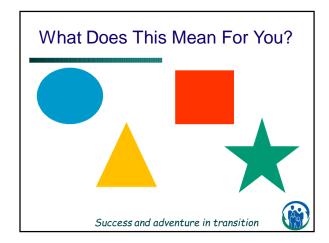
Success and adventure in transition

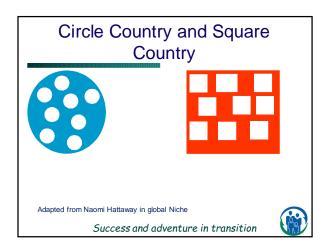


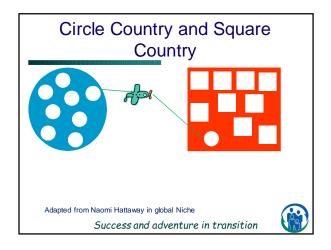
First Greatest Challenge

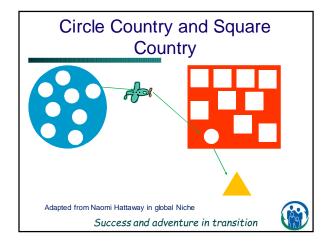
- Personal and Cultural Identity
 - Who am I
 - Where Do I Belong?
- * Role of Culture:
 - Identity
 - BelongingSecurity

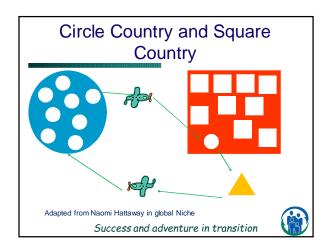


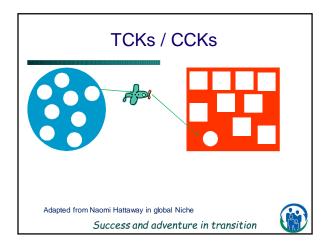


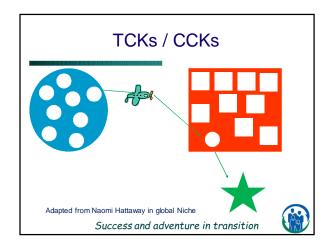


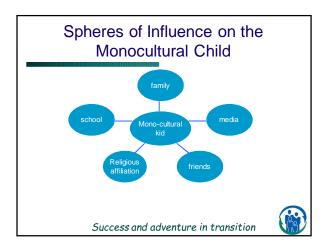


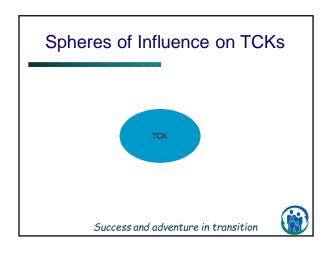


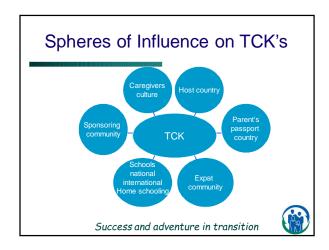


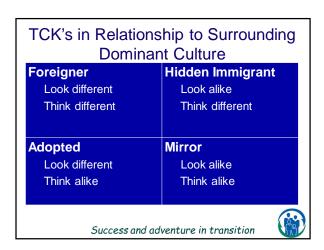














Challenge #2 -Unresolved Grief

- High mobility lifestyle brings about a lot of loss
- Loss (recognized or unrecognized) = Grief
- "For most TCK's the collection of significant losses and separations before the end of adolescence is often more than most people experience in a lifetime."

Success and adventure in transition



Losses - Recognized and Hidden



Success and adventure in transition



TCK Grief

- . Grief is:
 - Multiple
 - Simultaneous
 - Intense
 - Unresolved
 - Lonely



Reasons for Unresolved Grief

- Fear of Denying the Good
- Hidden losses loss of their world, status, lifestyle, possessions, relationships, role model, system identity, loss of the past that wasn't, loss of the past that was.
- *Lack of Permission to Grieve
- Lack of Time to Process
- Lack of Comfort

Success and adventure in transition



Dealing with Grief

- Good grief
 - Name the loss
 - Spend time with it
 - Come to closure move forward
- How can you help them mourn?



Success and adventure in transition

'It is my conviction that being a TCK is not a disease, something from which to recover. It is a life healthily enriched by this very TCK experience and blessed with significant opportunities for further enrichment."

 Dave Pollock from "Third Culture Kids: The Experience of Growing up Among Worlds by Dave Pollock and Ruth Van Reken'





Confronting the Challenges

- TCKs need to understand there is language for their life experiences.
- How can you give that to your students?
 Books, writing assignments, films
 How can you help ease a child's transition?
 - School transition programs
 - Find out their story.
 - How did you get here?



What Else?
❖ You tell me!
Success and adventure in transition

This document was created with Win2PDF available at http://www.win2pdf.com. The unregistered version of Win2PDF is for evaluation or non-commercial use only. This page will not be added after purchasing Win2PDF.